

THE ORTHODOX CHURCH OF SAINT ELIZABETH THE NEW-MARTYR

Volume XX

Number 41

10 / 23 June 2019
FIRST SUNDAY AFTER PENTECOST (*Tone 8*)
Sunday of All Saints

SCHEDULE OF SERVICES THIS WEEK

1ST SUNDAY AFTER PENTECOST: All Saints

Saturday, 22 June (9 June, o.s.)

6:00 PM Vigil Service;
Confessions

Sunday, 23 June (10 June, o.s.)

9:10 AM Third and Sixth Hours
9:30 AM Divine Liturgy;
Coffee Hour

2ND SUNDAY AFTER PENTECOST

All Saints that have shown forth in the Russian Land

Saturday, 29 June (16 June, o.s.)

6:00 PM Vigil Service;
Confessions

Sunday, 30 June (17 June, o.s.)

9:10 AM Third and Sixth Hours
9:30 AM Divine Liturgy;
Coffee Hour

FASTING DAYS

Week of 23 June

Day of Week	Date	Commemoration and Type of Fast
<i>Monday</i>	24 June (11 June, o.s.)	Apostles Bartholomew & Barnabas Fast: fish, wine, & oil permitted
<i>Tuesday</i>	25 June (12 June, o.s.)	St Onuphrius; St Peter of Athos Fast: wine, & oil permitted
<i>Wednesday</i>	26 June (13 June, o.s.)	St Aquilina; St Triphyllius Xerophagy (<i>No oil</i>)
<i>Thursday</i>	27 June (14 June, o.s.)	Prophet Elisha; St Methodius Fast: wine, & oil permitted
<i>Friday</i>	28 June (15 June, o.s.)	St Jonah of Moscow Fast: wine, & oil permitted
<i>Saturday</i>	29 June (16 June, o.s.)	St Tychon of Amathus Fast: fish, wine, & oil permitted
<i>Sunday</i>	30 June (17 June, o.s.)	Martyrs Manuel Sabel, & Ismael Fast: fish, wine, & oil permitted

SCRIPTURE READINGS

Week of 23 June

<i>Su</i>	1st Sunday after Pentecost: Sunday of All Saints	
	<i>Vespers Paramia:</i> (1) Isaiah 43:9-14a • (2) Wisdom 3:1-9 • (3) Wisdom 5:15-6:3	
	<i>1st Resurrectional Matins Gospel:</i> Mt §116 [28:16-20]	
	Heb. §330 (11:33-12:2a)	Mt §38 (10:32-33, 37-38; 19:27-30)
	2ND WEEK after PENTECOST	
<i>M</i>	Rom. §83 (2:28-3:18)	Mt §19 (6:31-34;7:9-11)
<i>Tu</i>	Rom. §86 (4:4-12)	Mt §22 (7:15-21)
<i>W</i>	Rom. §87 (4:13-25)	Mt §23 (7:21-23)
<i>Th</i>	Rom. §89 (5:10-16)	Mt §27 (8:23-27)
<i>F</i>	Rom. §90 (5:17-6:2)	Mt §31 (9:14-17)
<i>Sa</i>	Rom. §84 (3:19-26)	Mt §20 (7:1-8)
<i>Su</i>	2nd Sunday after Pentecost: All Saints of Russia	
	<i>Vespers Paramia:</i> (1) Isaiah 43:9-14a • (2) Wisdom 3:1-9 • (3) Wisdom 5:15-6:3	
	<i>2nd Resurrectional Matins Gospel:</i> Mark §70 (16:1-8)	
	Rom. §81a (2:10-16)	Mt §9 (4:18-23)
	Heb §330 (11:33-12:2a)	Mt §10 (4:25-5:12a)

THIS WEEK'S ANNOUNCEMENTS

We welcome our latest catechumen, Larry Cera, as part our St Elizabeth's community. He entered the catechumenate before the Vigil Service of Pentecost.

A Special Collection for Holy Trinity Monastery was taken last week at the services for Pentecost (Trinity Sunday) at the direction of Metropolitan Hilarion. The financial needs of the Monastery are great. If you have not yet given to this worthy cause, you may still contribute today.

Our First Annual Midsummer's Night Ball, that took place past Friday evening, 21 June 2019, was a great success! It was truly a night to remember. There are so many of our parishioners who helped in planning, purchasing, donating, setting up, working during the Ball, taking down, and cleaning up. It is too difficult to name every person who helped, since the names mentioned must include members of nearly every family in the parish, but special recognition needs to go to Elizabeth Maxey and Seraphima Morrow who came up with the idea and steered the whole effort. Without this group effort the Ball could not have worked. The Ball gave all of us a good time, and an opportunity for fellowship. It also drew many people from outside our parish to this social event. It

worked well 'putting our parish on the map', so to speak. On 18 July this year, the Feast of our heavenly Patron St Elizabeth the New Martyr, our parish will be 21 years old. We have now come of age.

Our hearts go out to our dear Fr Deacon Steven and Matushka Hannah Barker who each lost a parent this past week. Please pray for the repose of Matushka Hannah's mother, Anne, and Father Steven's father, James. Pray also for the Lord's comfort for their grieving families.

We are delighted to have Noah George Hotz with us this weekend. Noah is on leave from the Navy and visiting his parents, Subdeacon Philip and Jennifer Mary Hotz. It's also great to have the two of them back with us after their trip to France!

The last lecture of the Spring Sunday Lecture Series at St Vladimir's Memorial Church in Jackson will be this evening, Sunday, 23 June, at 6 p.m. Protodeacon Paul Drozdowski will enlighten us with '*Deciphering the Symbolic in Iconography*'. As always, refreshments will be provided afterwards with the chance to continue our brotherly agape with fellowship hour.

The Apostles' Fast begins tomorrow. This Fast is also called the Fast of Sts Peter and Paul, or sometimes simply St Peter's Fast. It is the only one of the four Fasting periods that is variable in length. It varies in length because, although the Fast always ends with the Feast of the Apostles Peter and Paul on 12 July (29 June, o.s.), its initial day is the Monday following All Saint's Sunday, a day that varies with the movable date of Pascha. So the Apostles' Fast can vary in length from as little as eight days to as many as forty-two days, depending on whether Pascha falls late or early. The earliest date the Fast can begin is 31 May (18 May, o.s.), when Pascha falls on 4 April (22 March, o.s.). The latest date the Fast can begin is 4 July (21 June, o.s.), when Pascha falls on 8 May (25 April, o.s.).

LOOKING AHEAD

St Seraphim's Orthodox Summer Camp, will have its 27th annual camp during the week of 4 – 11 August 2019. The camp, located in Pennsylvania's Pocono Mountains, is open to children from the third grade until 18 years old. The camp was begun with the blessing and encouragement of Metropolitan Laurus of blessed memory and continues to be one of the major activities for youth in the Russian Church Abroad. Children attend from all over America, Canada and other countries. Each day is filled with activities. The day begins with Morning Prayers and The Law of God. A number of clergy (including our own Fr David and

Fr Dcn Stephanos) volunteer their week to be with the children and make themselves available for spiritual needs. Each day sees a wide variety of sporting activities, arts and crafts, hiking, swimming and water sports. The evenings are filled with activities and bonfires. Lastly, Evening Prayers are said together. Abundant adult supervision is drawn from parents and church representatives. The cost of the camp is \$400. Registration deadline for Early Bird Discount is 15 July. A camper discount of 25% is applied for all siblings after the first two. All information is to be found on the camp website. Registration is available only online at www.stseraphimcamp.org. If you have questions, please email rocorsc@gmail.com.

THE APOSTLES' FAST

The Apostles' Fast begins on the Monday after Sunday of All Saints and lasts until the Feast of the holy Apostles Peter and Paul (29 June / 12 July). The Fast varies in length according to the date of Holy Pascha. By increased prayer, fasting, and almsgiving we prepare ourselves during the Fast to celebrate with joy the Feast of the holy Apostles. This Lent also enables us to restore somewhat the spiritual sobriety that perhaps diminished during the feasting of Paschaltide and Pentecost Week.

Russian and Greek practice differ slightly in the mitigation of fasting on certain days during the Nativity and Apostles' Fasts. We give here the usual Russian Rules of fasting during the Fast of the Holy Apostles:

We fast on *Mondays, Wednesdays, and Fridays* during the Saints Peter and Paul Lent as we should on other Wednesdays and Fridays of the year. We reduce the quantity of food we eat by taking small portions at meals and abstaining from all food between meals. The practice of the early Christians was to eat only one meal on a fast day and we would do well to imitate them. When we do eat, we reduce the quality of the food eaten by abstaining from meat, meat products, eggs, dairy products, fish, wine, and oil.

On the *Tuesdays and Thursdays* during this Lenten period, our fasting is less strenuous. We abstain from meat and other animal products, but wine and oil are permitted.

Because the occurrence of greater Saints' Days frequently brings a further mitigation of the fast from the general rules specified above, it is important to consult an annual Orthodox calendar to find the correct fasting regimen for a particular weekday.

On *Saturdays and Sundays* of the Apostles' Fast, fasting is further relaxed. Orthodox Christians eat no meat or other animal products on these days, but fish, wine, and oil are allowed.