

THE ORTHODOX CHURCH OF SAINT ELIZABETH THE NEW-MARTYR

Volume XXI

Number 08

21 October / 3 November 2019

TWENTIETH SUNDAY AFTER PENTECOST (Tone 3)
Commemoration of Our Venerable Father Hilarion the Great

SCHEDULE OF SERVICES THIS WEEK

20TH SUNDAY AFTER PENTECOST (Tone 3)

Venerable Hilarion the Great

Saturday, 2 November (20 October, o.s.)

6:00 PM Vigil Service;
Confessions

Sunday, 3 November (21 October, o.s.)

9:10 AM Third and Sixth Hours
9:30 AM Divine Liturgy;
Trapeza (coffee hour)
12:30 PM Annual Parish Meeting

21ST SUNDAY AFTER PENTECOST (Tone 4)

Venerable Job of Pochaev

Saturday, 9 November (27 October, o.s.)

6:00 PM Vigil Service;
Confessions

Sunday, 10 November (28 October, o.s.)

9:10 AM Third and Sixth Hours
9:30 AM Divine Liturgy;
Trapeza (coffee hour)

FASTING DAYS Week of 3 November

Day of Week	Date	Commemoration and Type of Fast
<i>Wednesday</i>	6 November (24 Oct, o.s.)	'Joy of All Who Sorrow' Icon Wine & Oil permitted
<i>Friday</i>	8 November (26 Oct, o.s.)	Great Martyr Demetrius Fish, Wine, & Oil permitted

SCRIPTURE READINGS Week of 3 November

<i>Su</i>	20th Sunday after Pentecost	
	<i>9th Resurrectional Matins Gospel: John §65 (20:19-31)</i>	
	Gal. §200 (1:11-19)	Luke §83 (16:19-31)
21ST WEEK after PENTECOST		
<i>M</i>	Phil. §248 (4:10-23)	Luke §52 (10:22-24)
<i>Tu</i>	Col. §249 (1:1-2a, 7-11)	Luke §55 (11:1-10)
<i>W</i>	Col. §251 (1:18-23)	Luke §56 (11:9-13)
<i>Th</i>	Col. §252 (1:24-29)	Luke §57 (11:14-23)
<i>F</i>	Col. §253 (2:1-7)	Luke §58 (11:23-26)
<i>Sa</i>	2 Cor. §174 (3:12-18)	Luke §36 (8:16-21)
<i>Su</i>	21st Sunday after Pentecost	
	<i>10th Resurrectional Matins Gospel: John §66 (21:1-14)</i>	
	Gal. §203 (2:16-20)	Luke §38 (8:26-39)

THIS WEEK'S ANNOUNCEMENTS

Welcome back to Eastern Standard Time! We can all agree that it was nice to get a bit more sleep this morning.

We will have a meal today right after the Liturgy and before the Annual Meeting begins. All are invited to come to the meal and parishioners to remain after the meal for the Annual Meeting.

St Elizabeth's Annual Meeting will be held today (the first Sunday of November.) Year-in-review reports for the past year are to be presented by the Rector, Church Warden, Treasurer, Auditing Committee, and Building Committee. Planning for the current year will also take place. Parishioner concerns will be heard, and Parish Council members for the coming year elected. All voting members of the Parish are asked to attend.

All Parishes of the Eastern American Diocese have been directed at Thanksgiving by the Metropolitan to take a special collection to be given to the Fund for Assistance to the Russian Orthodox Church Outside of Russia. The Fund for Assistance has three aims: (a) the moral-spiritual education of youth, (b) the financial assistance of the needy clergy of our Church, and (c) the care for those in dire need throughout the world through an Emergency Relief Fund. At St Elizabeth's, we will be asking for special donations for this worthy cause on the Sundays of November. Please give generously.

We will be collecting toys for the Jail Chaplaincy of Somerset County's 'Christmas Care' Program during the month of November. These toys will be given at Christmas to children whose father or mother is incarcerated at the Somerset County Jail. The Jail Chaplaincy asks that the toys be new, of a non-violent nature, and within the price range of \$10.00 to \$25.00. Please help make Christmas brighter for some child who is separated from their parent at Christmas.

We will also be collecting personal care items during the month of November for the Jail Chaplaincy of Somerset County's 'Christmas Care' Program. These items will be given to each Inmate incarcerated at the

Jail at Christmas. In this way we can show Christ's love to those who Jesus charged us to visit (St Matthew 25:31-46). The Jail Chaplaincy needs the following items for the Inmates:

- Shampoo (*not* Conditioner),
- Bars of Deodorant Soap (*no* Ivory soap, please),
- Solid Underarm Deodorant (*no* aerosol cans),
- Toothpaste.

Please consider donating items to this worthy cause.

Our Lady of Kazan Church in Newark is celebrating its Patronal Feast on 4 November (22 October, o.s). We will be joining our sister parish for this Feast of one the Mother of God's most venerated Icons. The service schedule is as follows: on the evening of 3 November: the Vigil Service at 6:30; and on the morning of 4 November: the Greeting of the Bishop and the Hours at 9:30, and the Hierarchal Divine Liturgy at 10:00. *There will be no services at St Elizabeth's for this Feast.*

The Church of Our Lady of Kazan Church is located at 78 Heller Parkway in Newark, New Jersey 07104. For additional information, the parish's website is: <http://www.ourladyofkazan.org>

Our Lady, Joy of All Who Sorrow Church in Philadelphia is celebrating its Patronal Feast on 6 November (24 October, o.s). We will be joining our sister parish for this Feast of one the Mother of God's beautiful Icon. The service schedule is as follows: on the evening of 5 November: the Vigil Service at 6:30; and on the morning of 6 November: the Greeting of the Bishop and the Hours at 9:30, and the Hierarchal Divine Liturgy at 10:00. A Festal Luncheon will be served afterwards (\$10 donation). *There will be no services at St Elizabeth's for this Feast.*

The Church of Our Lady, Joy of All Who Sorrow is located at 560 North 20th Street in Philadelphia, Pennsylvania 19130. For additional information, the parish's website is: <http://www.churchofourlady.net>

Ss. Peter & Paul Orthodox Church in South River is having its Annual Fall Ethnic Festival and Tricky Tray on Saturday, 9 November, from 10:00 AM - 4:00 PM. The event will take place in the Church Hall located at 9 Jeffrie Avenue, South River, New Jersey. There will be free ethnic entertainment will be provided by 'Neli and Stacys.' The festival will feature lots of great food (such as stuffed cabbage, potato pancakes, pierogies, kielbasa and sauerkraut, and desserts ,etc.) There will also be many great 'basket raffles' to try your luck with! Free Admission! Free Entertainment! All are welcome to their Fall celebration!

LOOKING AHEAD

About Thanksgiving Day and the Fast: This year the Nativity Fast begins on Thanksgiving Day, Thursday 28 November. This happens on the average of one out of seven years. Because Wednesdays are also fast days, the Fast effectively begins the day before Thanksgiving Day on Wednesday, 27 November. As Orthodox Christians, we do not break the fast for the sake of secular holidays – and Thanksgiving Day is not a Church holiday – and so we should keep the fast on this day. What should we do, therefore, about the traditional Thanksgiving dinner? We have three choices:

1) We could transfer the family Thanksgiving dinner to the previous Sunday, 24 November, and invite our Orthodox family and friends that day to share our Thanksgiving meal;

2) We could transfer the Thanksgiving dinner to Tuesday, the last non-fasting day before Christmas; or

3. We could keep the family Thanksgiving meal on Thanksgiving Day itself, Thursday 28 November, but with a different menu in keeping with the Fast.

Since this is a Thursday, and some Orthodox traditions permit fish on Thursdays, we could substitute stuffed salmon or other large fish for turkey as the main course. There are a number of harvest-themed accompaniments that we could serve at a fasting Thanksgiving dinner: mashed potatoes, yams, sweet potatoes, corn on the cob, turnips, squash, all made with margarine instead of butter and, if necessary, non-dairy milk or creamer instead of dairy milk and cream. Stuffing can likewise be made without the turkey broth, milk and butter, but with the broth of the broiled or baked fish, or simply without broth. There are several commercially available stuffing mixes that are fasting. Cranberry sauce is fasting. Instead of pumpkin pie, we can serve instead a fruit pie with a fasting crust: apple, blueberry or rhubarb.

And so we can still have a festive meal on Thanksgiving, and yet observe the Fast. Please remember, though, that we should be reasonable in our consumption, for gluttony is a sin, and the point of the fast is to bring our appetites under control. So let us not go overboard by devouring huge quantities of food.

